

Peachy Salad

Prep time: 5 min
Servings: 1

3 cups mixed greens*
1 peach, diced*
1-2 cm ginger, diced

Ground cinnamon
Extra virgin olive oil (EVOO)
Balsamic vinegar

Optional:

1 cup cooked quinoa, garbanzo beans
or 2-4 oz. shredded chicken
Flax seeds
Nuts, chopped

Directions

In a large bowl, layer greens, protein, then peaches. Sprinkle with cinnamon.

Add ginger, EVOO and balsamic vinegar to taste.
Serve immediately.



By Marisa Reyes

* recommended organic - it's a [Dirty Dozen](#) item