

Baked Apples

4 Jonagold Apples*
1 tsp cinnamon
¼ c chopped pecans or almonds
¼ c raisins*
¾ c boiling water
1 Tbsp butter
1 tsp agave syrup or 1 pkt Stevia or

Prep Time: 10 min
Cook Time: 45-60 min



Directions:

Use a melon baller to remove core from apples. Score apples with two X's on the sides to prevent bursting in oven.

Mix together raisins, nuts and cinnamon. Pack mix into the apple. Drizzle with agave syrup or stevia.

Top each apple with a thin slice of butter and sprinkle with cinnamon.

Pour boiling water into bottom of cooking dish, about 1/4 inch deep.

Bake at 375° for 45-60 min. When apples are soft, they are done.

*recommended organic – it's a [Dirty Dozen](#) item