

Fiesta Salad

Prep Time: 5-10min

Serves: 1

½ can black beans, rinsed and drained
3 cups salad greens*
½ cup peach or mango, diced
½ red, yellow or orange bell pepper, diced
(optional)
Feta cheese or queso blanco (optional)
6 stems cilantro, diced
1/2 avocado, diced
1/4 Lime, juiced
Extra virgin olive oil



Directions:

In a bowl, layer salad greens, protein, bell pepper, fruit, cheese, cilantro, lime juice and olive oil.

Alternate protein options:

1 can tuna or chicken breast
1 cup quinoa
1 chicken breast, diced or shredded

* recommended organic - it's a [Dirty Dozen](#) item

By Alicia Reyes